More than 40 million American men, women and children struggle to put enough food on the table on a regular basis. SNAP and other vital federal nutrition programs ensure that low-income individuals and families have access to nutritious foods, but the funding and structure for these programs are under constant threat by certain policymakers who perpetuate negative stereotypes of those who need help.

One legislator recently suggested that “poverty is a state of mind.” Another stated openly, “I have a rough time wanting to spend billions and billions and trillions of dollars to help people who won’t help themselves – won’t lift a finger – and expect the federal government to do everything.”

We know that most SNAP recipients who are able to work, do work. And most of those who are not working are seniors, people with disabilities or children. **Regardless of a person’s situation, nobody deserves to go hungry.**

On this night (and all other nights going forward) let us demand that our elected officials do better and commit to supporting policies that work to end hunger, rather than demeaning those who are poor.

### YOU CAN HELP THOSE WHO ARE HUNGRY

by advocating to protect and strengthen critical nutrition assistance programs. Call on House Speaker Paul Ryan to protect SNAP and the millions of Americans who cannot feed their families without it. [Visit mazon.org/take-action](https://www.mazon.org/take-action) to get more information on this issue and take action. Stay informed about MAZON’s efforts to defend critical nutrition assistance programs in the Farm Bill at [mazon.org/farmbill](https://www.mazon.org/farmbill).